

VITA



NOVA
SPA

VITA NOVA | A NEW LIFE

PRIVATE SPA EXPERIENCES

Celebrate the special moments in your life with a spa day at Vita Nova. Make our spa your own and customize your experience with our private spa buyout packages. Perfect for birthdays, anniversaries, wedding showers, or 'just because'; we'll make your day as special as the occasion.

THE LODGE PACKAGE

2-HOUR BUYOUT

Our classic buyout package is perfect for intimate parties of 3-4 guests. Enjoy exclusive use of the calming Meditation Room and outdoor patio with fire pit, access to the state-of-the-art infrared sauna, and food and drink service from the Vita Nova Refresh Menu. Our expert therapists will be dedicated to your spa journey, offering a selection of massages, body wraps, and more.

Spa treatments, food, and beverage additional charge.

\$150 PER HOUR ROOM RENTAL | SPA MINIMUM \$520 | 3-4 GUESTS

ST. EDWARD SERENITY PACKAGE

4-HOUR BUYOUT

For a full spa day experience, book our signature buyout package for up to 4-5 guests. Relax in the privacy of the tranquil Meditation Room, or lounge around the fire pit on the outdoor patio surrounded by nature. Take time to restore and reset in the infrared sauna, a coveted amenity which will be yours for the day. Nourish your body from the inside out with food and drink service from the Vita Nova Refresh Menu. Then retreat to your signature Vita Nova spa treatment, with your choice of massages, body wraps, and more.

Spa treatments, food, and beverage additional charge.

\$150 PER HOUR ROOM RENTAL | SPA MINIMUM OF \$1,040 | 4-5 GUESTS

AFTER-HOURS RELAXATION PACKAGE

MINIMUM 2 HOURS

Make Vita Nova yours to explore after-hours. You can reserve the space for a private retreat for 2-10 guests on Mondays 8:30 am - 10:00 pm or Tuesday - Friday 6:30 pm to 10:00 pm. Your guests will have access to the serene Meditation Room, beautiful outdoor patio with a fire pit, and the healing powers of the infrared sauna. Order food and beverage from the Vita Nova Refresh Menu for the full experience.

Spa treatments not available in this package - space rental only. Food and beverage additional charge.

\$250 PER HOUR | 2-10 GUESTS

SPA BUYOUT GUIDELINES

- Advance reservations are required.
- Buyouts are subject to a credit card hold and require 72 hours advance for cancellation or changes.
- Please wear comfortable clothing. Robes and spa slippers are provided.
- Service provider gratuities are at guest discretion, except for group bookings.
- Buyouts are subject to a credit card hold and require 72 hours advance for cancellation or changes.
- Spa treatments cannot be "split" between guests.
- Late arrivals will not be extended time.
- Vita Nova Spa is open to guests 18 years and older.
- Massage for two dependent on availability. Please inquire if interested.

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SPA REFRESH MENU

Nourish your mind, body, and soul by pairing your spa experience with food and drink inspired by the restorative powers of nature. Curated by our James Beard Award-winning Executive Chef Jason Wilson and featuring seasonal, sustainable ingredients sourced from local farmers and our own Chef's Garden, the Vita Nova Spa Refresh Menu lends to the rejuvenating spirit of a complete spa day.

LITE BITES

- CRUDITE OF GARDEN VEGETABLES WITH SWEET PEA HUMMUS & FRESH MINT 21
- GRILLED AVOCADO TOAST WITH RADISH & SHAVED PARMESAN 18
- CHILLED HEIRLOOM TOMATO GAZPACHO WITH MARINATED PRAWNS 21
- CRUDO OF WASHINGTON ALBACORE TUNA, CUCUMBER & OLIVES 21
- BASKET OF HEARTH BAKED BREADS WITH SALTED FARM BUTTER 7
- BOWL OF FRESH BERRIES AND FRUITS 12
- SPICED NUTS, BAR-NUT BUTTER AND OLIVE OIL POWDER 9
- AMERICAN MADE CHARCUTERIE PLATTER WITH HOUSE MADE PATE & MUSTARDS 24
- ARTISAN AMERICAN CHEESES WITH HOUSE MADE JAMS 24
- GARDEN GREENS AND HERBS WITH CUCUMBER, RADISH, TOMATO AND LEMON VINAIGRETTE 12
- FRESH STRAWBERRIES WITH CHOCOLATE YOGURT DIPPING SAUCE 14

VITA NOVA REFRESHERS

- FRUITS INFUSED ICE TEAS
- HERBAL INFUSIONS WITH GINGER AND TURMERIC
- WARM GREEN TEA WITH HERBAL DETOXIFIERS
- CUCUMBER BERRY AQUA FRESCA

SPA COCKTAILS

- APEROL SPRITZ
- FRENCH 75
- MIMOSAS
- WINE BY THE BOTTLE