



THE LODGE
AT ST. EDWARD PARK

COMPENDIUM





THE LODGE

AT ST. EDWARD PARK

We're pleased to welcome you to The Lodge at St. Edward State Park. The magic of our landmark hotel begins with its history. In its former life, this magnificent building housed the Saint Edward Seminary and hosted generations of students drawing inspiration from the serene setting. Thoughtfully restored while preserving its roots in history, The Lodge has once again come to life as a gathering place for those seeking connection to time and place.

Nestled within the pristine Saint Edward State Park, staying at The Lodge means you have the best of the Pacific Northwest right outside your door. Set out to explore all 326 acres of the park through miles of hiking and biking trails, access to the shores of Lake Washington, and outdoor adventure around every corner.

We invite you to savor the bounty of the land we're proud to call home during your stay. James Beard Award-winning Executive Chef Jason Wilson leads our seasonally-inspired culinary program at Cedar + Elm Restaurant, Father Mulligan's Heritage Bar, and The Tonsorium Bar. Each space has its own story and identity, from elegant craft cooking at Cedar + Elm to whimsical adventure at The Tonsorium.

If you're searching for serenity, experience a sudden burst of life and lasting wellness through a healing treatment at Vita Nova Spa. Vita Nova, translated in Latin as 'New Life' is located on the first floor. This pure plant spa reflects our natural surroundings with seasonal treatments derived from the field and forest.

Relax and reflect in the privacy of your guestroom, spend a rainy day with a book in the Library, or re-energize at our state-of-the-art Fitness Center. Your time at The Lodge is yours to disconnect from the outside world or connect to new experiences as much as you'd like.

The Lodge at St. Edward has a rich history, with decades of stories living within our walls. Take the journey from past to present with our self-guided Stories of St. Edward tour. Venture throughout the property to find QR codes each linking to a history lesson, photo gallery, or video that tells the story of the space you stand in, the significance it holds to the property, and the heritage of this iconic landmark preserved in time.

We welcome you to discover the genuine care of The Lodge's team members - all of whom are at your service and eager to ensure your enjoyable stay. Nature created our distinctive setting; our team helps create your lasting experience. Please don't hesitate to reach out to Guest Services with questions or requests during your stay at 425.470.6500 or by dialing 0 on your guestroom phone.

Welcome home,

Jenne Oxford
General Manager



THE LODGE

AT ST. EDWARD PARK

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HEALTH + SAFETY

The Lodge at St. Edward State Park is committed to the health and safety of our guests, team members, and community. We strictly adhere to the latest guidelines, requirements, and restrictions put out by local, state, and federal governments and organizations. We're also connected to hospitality-industry leaders who are solving today's health concerns and researching how to anticipate any future challenges.

Per CDC guidance, if you are fully vaccinated, facial coverings and physically distancing are no longer required in public spaces, both indoors and outdoors. If you are not fully vaccinated, we ask that you please continue to wear your mask and physically distance yourself.

Through our management company, Columbia Hospitality, we've partnered with Ecolab, a global leader in infection prevention, to take our already stringent safety and sanitation protocols to the next level through the Columbia Clean program. Columbia Clean is an elevated set of health, hygiene, safety and sanitation standards developed in response to the COVID-19 pandemic to create a cleaner, safer environment for our guests.

Learn more about what we're doing at the property to keep you safe during your stay, and if you have any questions or concerns, don't hesitate to speak with our Guest Services team.

COLUMBIA CLEAN PROTOCOLS INCLUDE:

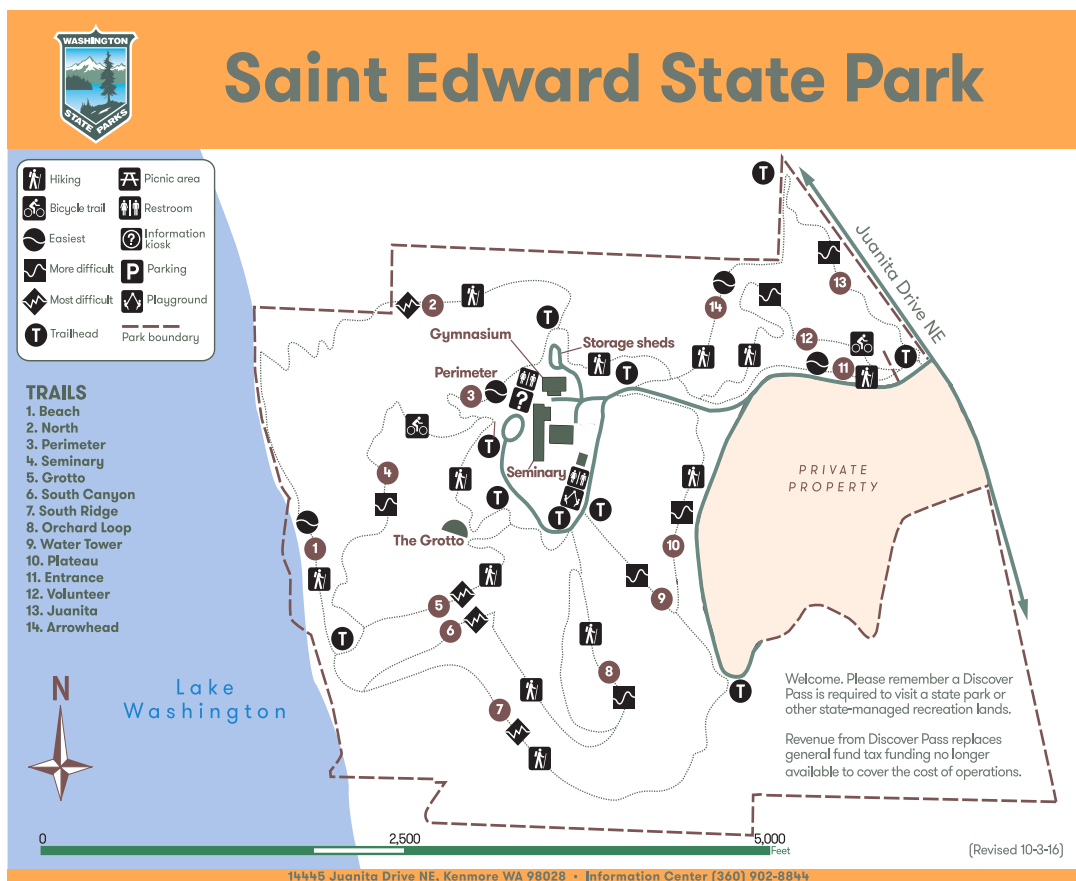
- Utilizing highly effective and sustainable Ecolab cleaning products and electrostatic spraying systems to clean and disinfect throughout the property.
- Increasing the number of guest-accessible hand sanitizing stations at primary entrances and high-traffic locations like elevators and lobbies.
- Using commercial-grade MERV-13 rated air filters and opening doors and windows to improve ventilation whenever possible.
- Increasing the frequency and intensity of cleaning and disinfecting high-touch, high-traffic areas at every property, such as light switches, door handles, remotes, elevator buttons, thermostats, and more.
- Increasing the frequency of cleaning and sanitizing culinary tools and kitchen work areas, along with team members wearing personal protective equipment, sanitizing POS systems between uses, and more.
- Enhancing cleaning and sanitation standards throughout guestrooms, event spaces, common areas, heart-of-house spaces and more.
- De-cluttering paper and other amenities, such as compendium, pens, directories, magazines, etc. and supplementing with digital options or providing amenities upon request.
- Implementing innovative clean technologies wherever possible, such as modern electrostatic sprayers and ultraviolet light to sanitize surfaces and objects.
- Activating Columbia Clean Teams; team members thoroughly trained on health, hygiene, safety and sanitization standards and responsible for upholding these standards.

SAINT EDWARD STATE PARK

Please join us in following park etiquette to ensure the preservation of this pristine park we call home for generations to come. We ask that guests observe state park rules so that all park visitors may enjoy their visit.

THINGS TO REMEMBER

- Park day-use closes at dusk. Please utilize the park only during daylight hours.
- Lodge guests should utilize valet parking provided by the hotel. Self-parking in the state park lots require a Discover Pass.
- Please use the trash cans and dumpsters to help keep parks clean. Recycling is encouraged in all Washington state parks.
- Please do not harm wild plants or animals. Feeding of wildlife is strictly prohibited.
- Wildlife, plants, all park buildings, signs, tables, and other structures are protected; removal or damage of any kind is prohibited.
- Pets are allowed in the park, but must be under physical control at all times on a leash no more than eight feet long. Owners are responsible for cleaning up after their pets. Pets are not permitted on designated swimming beaches.
- Glass bottles or metal cans are not allowed on swimming beaches.
- Alcoholic beverages are permitted only in designated picnic areas.
- Fireworks are prohibited on all state public lands, including state parks and beaches that front state park lands.
- All Washington state laws are enforced in Washington state parks.



PAST + PRESENT



HISTORY

The land where The Lodge at St. Edward State Park currently sits was first purchased by Bishop Edward John O’Dea in the late 1920s. He donated the 366-acre plot to the Roman Catholic Archdiocese of Seattle for the building of Saint Edward Seminary, where young men would be educated for the priesthood. The seminary was designed by notable Seattle architect John Graham Sr. and completed in 1931. His firm, John Graham & Company, is responsible for many notable buildings in Seattle and throughout the country, including the iconic Space Needle.

The seminary served as an important facility until 1957, when enrollment started to decline following the opening of Saint Thomas the Apostle Seminary. It continued operating until 1976, fulfilling its educational duties for forty-five proud years. Though the seminary was no longer needed, Archbishop Raymond Hunthausen had a vision of preserving the grounds as a state park, having fallen in love with the area’s natural beauty as a student at Saint Edward Seminary. Rather than sell the property to the highest bidder, he worked with the state to make his dream possible.

In 1977, the property and the majority of the land were sold to the State of Washington to become Saint Edward State Park. The park’s enchanting trails, lake views, and gorgeous fir, cedar, and maple trees drew plenty of love from locals, and the building itself became a beloved symbol of the area. However, after not getting much use over the years, the building was in need of a sizable renovation.

In 2017, Daniels Real Estate entered into a public-private partnership to preserve and transform the main building into The Lodge at St. Edward Park. A meticulous restoration of the exterior façade, including the roof and all original windows was completed, and the interior design was transformed to evolve the seminary building into a Pacific Northwest-inspired lodge, preserving the iconic landmark building for generations to come.

The Lodge at St. Edward State Park was born, and now it’s ready to introduce guests to the area’s fascinating history and pristine natural splendor. Owners Kevin and Mary Daniels now preside over The Lodge as hosts, and their unique inspiration draws from some of the finest hotel experiences throughout their world travels. Led by their vision, The Lodge is so much more than a hotel, but rather a deep sense of place and belonging, locally inspired and rooted in the community.



DESIGN

The building is a blend of Romanesque Revival architecture and Art Deco interiors. This curious combination served as inspiration during the renovation process when new colors, design and décor were chosen. Our hope is that visitors and guests enjoy the building’s historic authenticity, evident in its design’s intricate details, as well as its refined and relaxed atmosphere, influenced by the surrounding greenery of the state park.

The historic preservation project was led by Daniels Real Estate, a firm renowned for preservation work with a focus on reflecting the past while inspiring the future. Their approach is thoughtful and unequalled in the Pacific Northwest, leading to three National Preservation Awards for previous projects. The preservation and renovation of the seminary building is an example of adaptive reuse, wherein the new uses of spaces are similar to their former purposes. For instance:

- Former dormitory rooms were combined and enlarged, now forming 84 guestrooms.
- Former classrooms that look onto the park are now flexible meeting and event spaces.
- The dining hall has now transformed into Cedar + Elm restaurant.
- The former barbershop for seminary students is now The Tonsorium Bar.
- The seminary’s social hall, where students could gather in larger groups is now the Remington Ballroom.

TELEPHONE DIRECTORY

Room-To-Room Calls - Dial the four-digit room number.

Local and Long Distance Calls – Dial 81 + Number

HOTEL PHONE DIRECTORY

Dial the extension from your guestroom telephone

Guest Services	0
Hotel Reservations	0
Cedar + Elm	1580
Vita Nova Spa	1582

EMERGENCY NUMBERS

General Emergency	911
Kenmore Police Department	Dial 81 + (206) 477-7455
Kenmore Fire Department	Dial 81 + (425) 354-1780

FAQ + GUEST SERVICES

BAGGAGE ASSISTANCE

For assistance with your baggage at any time, please dial 0 from your guestroom telephone. One of our Guest Services team members will happily assist you.

BUSINESS CENTER

The Lodge at St. Edward State Park does not have a business center on site, but our Guest Services team is happy to assist with any business or printing needs. Please visit the Front Desk for assistance.

CHECK-IN AND CHECK-OUT

Check-in time is at 4:00 pm. Check-out time is at 11:00 am. If you would like to extend your stay, please contact our Guest Services team by dialing 0 from your guestroom telephone and we will do our best to accommodate your request.

FITNESS AND HEALTH

Our Fitness Center is located on the first floor and is accessible 24/7 with your key card. Guests 17 and under must be accompanied by an adult at all times.

FORGET SOMETHING?

The following items are available at no charge, simply by dialing 0 from your guestroom telephone.

- Comb
- Cotton balls
- Cotton swabs
- Deodorant
- Disposable razor
- Feminine hygiene products
- Hair spray
- Sewing kit
- Shaving cream
- Shower caps
- Toothbrush / toothpaste

GAMES

Looking for a little fun? Visit the Front Desk to check out our inventory of lawn games or visit the Library to explore our collection of board games.

HAIR DRYERS

A hair dryer is located below the bathroom sink in your guestroom.

HIKING & BIKING

Miles of hiking and biking trails are right outside our doors in Saint Edward State Park. Pick up a hiking map from the Front Desk and take a short walk down to Lake Washington. Or rent a mountain bike and hit the trails. Mountain bike rentals are complimentary for guest use on a first come, first served basis – visit the Front Desk to inquire. Please note, park trails are only accessible during daylight hours.

HOUSEKEEPING

Housekeeping services are provided daily. Please display your "Do Not Disturb" sign if you do not desire housekeeping services. Should you require additional service, including turndown, please speak with our Guest Services team by dialing 0 from your guestroom telephone.

ICE

Ice bins are available on each floor.

FAQ + GUEST SERVICES CONTINUED

IRON AND IRONING BOARD

An iron and board are located in your guestroom closet. For safety, please unplug when finished.

LAUNDRY SERVICE

For laundry service, please dial 0 from your guestroom telephone and our Guest Services team will gladly assist. Same-day service is available Monday through Saturday. Pick-up is 9:00 am and returned no later than 6:00 pm. Laundry bags and slips are located in your guestroom closet.

THE LIBRARY

The Library is a perfect place to work, relax, watch TV, catch up on emails, or play board games with the family. The Library can also be reserved for private events by contacting our sales team at sales@thelodgeatstedward.com.

MAIL

Outbound mail may be provided to our Guest Services team at the Front Desk. Unposted mail will be added to your guestroom charges. Should you receive incoming mail or packages during your stay, we will leave a voicemail for you on your guestroom telephone.

MEETINGS AND EVENTS

For meetings, weddings, and special event information, please contact our Sales and Catering team at sales@thelodgeatstedward.com.

PARKING

The Lodge at St. Edward State Park provides overnight valet parking only for \$20 per night with in and out privileges. To have your car brought around, please contact our Valet team by dialing 0 on your guestroom telephone. Please note that the Saint Edward State Park self-parking lot requires a Discover Pass, and parking at that lot is only permitted during daylight hours.

PETS

Dogs are welcome at The Lodge at St. Edward. We do not charge a pet fee, but a refundable deposit will be charged to reservations with pets. The deposit will be refunded upon room inspection after your departure. Service dogs do not require a pet deposit. Dog-friendly rooms are limited, subject to availability, and advance reservations are required. An etiquette waiver must be signed upon check in. Dogs are welcome in most places at The Lodge, with the exception of dining areas, the spa, or anywhere on the property marked otherwise. Please keep dogs on a leash or in a pet carrier at all times; guests are responsible for cleaning up after their pets. Please be sure to take your dog on your adventure with you when housekeeping services are required, as we will be unable to service your guestroom if your pet is left unattended.

RETAIL

Provisions offers a variety of unique and quintessentially Northwest retail, gift, and sundry items. Provisions is located across from the Front Desk in the Lobby.

SAFE DEPOSIT BOXES

In-room safes are located in all guestroom closets and are available to secure your personal valuables. A Guest Services team member would be happy to assist in setting up your private security code and combination. Additional safe deposit boxes are available at the Front Desk.

SECURITY

The safety and comfort of our guests are addressed 24/7 staffing, security video cameras, ground surveillance, and key entry to the building after-hours.

FAQ + GUEST SERVICES CONTINUED

HOUSE CAR

The Lodge at St. Edward house car is available for complimentary guest transportation within a 10-mile travel distance. Transportation further than 10 miles is available for a fee - \$150 for SeaTac Airport or Paine Field pickup. Contact Guest Services at 425.470.6500 or guestservices@thelodgeatstedward.com to reserve your ride.

VINTAGE LIMOUSINE

Ride style in our vintage 1938 Pontiac Stretch Limousine. Perfect for celebrations and special occasions, your own personal chauffeur will take you on a wine tasting tour through Woodinville, on a shopping trip to downtown Seattle, or on a romantic post-wedding cruise. Asking rate, including the driver, starts at \$250 per hour and depends on needs. Not available for airport transport. Contact Guest Services at 425.470.6500 or guestservices@thelodgeatstedward.com to reserve. Reservations required at least one week in advance.

About the Car: One of only a few remaining examples, this 1938 limo was rebuilt in 2008 with a modern drive train and conveniences. It is powered by a 350 cubic inch V8 with a 4-barrel carburetor paired with an automatic transmission. It rolls on red steel wheels with chrome trim rings and hubcaps, and radial tires. The interior features a front upholstered bench seat, rear 'L' seat, and back bench seat, privacy roll-up divider window between the front and back, air conditioning, plush seating, pillows, wine glasses, video and stereo system, and a moon roof.

SIGHTSEEING

Our Guest Services team would be happy to assist with sightseeing recommendations in the Seattle and Puget Sound area. Please visit the Front Desk or dial 0 from your guestroom telephone.

SMOKING

The Lodge at St. Edward is a 100% non-smoking facility. If you care to smoke, please do so outside, 25 feet from any entrance in accordance with Washington State law.

VITA NOVA SPA

Vita Nova Spa was created for relaxation, rejuvenation, and inspiration. Indulge in a natural massage, facial, or body treatment featuring the finest products and let the stresses wash away. Dial 1582 from your guestroom telephone to reach The Spa and book your appointment.

STASH REWARDS

The Lodge at St. Edward State Park is a partner of Stash Hotel Rewards, the independent traveler's rewards program, where you can earn and redeem points for free stays at one-of-a-kind independent hotels in the U.S. and Caribbean. Membership is easy, flexible, and (best of all) free! And, Stash isn't just for individual travelers - it is a great rewards program for meeting planners, too. Visit our website for more information and to sign up today.

TELEPHONE AND VOICEMAIL

Local, credit card, and toll-free calls are complimentary for The Lodge at St. Edward guests. Please refer to the instructions in the phone directory section for placing calls. Nominal fees may apply for long distance domestic and/or international calls.

WI-FI

Complimentary Wi-Fi is available throughout The Lodge at St. Edward in both public areas and guestrooms. Please dial 0 from your guestroom telephone should you require any assistance.

EMERGENCY PROTOCOL

YOUR SAFETY IS OUR PRIORITY.



SAFETY INFORMATION

Emergency Contacts

In-house emergencies - dial 0 on your guestroom telephone.

Medical emergencies - dial 911 on your guestroom telephone.

Washington Poison Center - dial 9.526.2121 to reach the center.

Should you have an emergency of any type, dial 0 or 911 to report the location and nature of the incident. If you call 911, please alert the Front Desk by dialing 0 from your guestroom telephone so our Guest Services team can appropriately direct the emergency personnel upon arrival.

Earthquake

If you are inside a building, stand in a doorway or crouch under a desk or table. Stay away from windows, glass or mirrors. After the earthquake, check for injuries, prepare for aftershocks and do not use a telephone except for an emergency. If you are outside, stand away from any structures, trees, or power lines. Do not try to enter any buildings until you have been told that it is safe to do so by a Lodge at St. Edward team member.

Evacuation

If you are ordered to evacuate your guestroom due to a possible fire or other emergency, do the following:

- Take your room key and follow the evacuation plan on the back of your guestroom door.
- Stay low, hug walls, test doors for heat, and inch them open.
- Congregate at the plaza level by valet parking and wait for instructions from Lodge at St. Edward management.

Fire

Each guestroom is equipped with a smoke alarm and map indicating The Lodge at St. Edward's floor plan, evacuation route, pull stations, and fire extinguishers. If you witness a fire, pull the nearest fire alarm and dial 0 on your guestroom phone to alert the Front Desk of the fire location. The Fire Department is not automatically called.

Medical

Dial 911 from your guestroom telephone. Then, dial 0 to alert the Front Desk to direct the emergency personnel upon arrival. The Lodge at St. Edward is equipped with a first-aid kit and AED (automated external defibrillator). For non-emergencies, contact our Front Desk for a list of local hospitals and physicians.

DINING

DIAL 1580 FROM YOUR GUESTROOM TELEPHONE TO MAKE A DINING RESERVATION.



CEDAR + ELM

The centerpiece of our culinary program, Cedar + Elm, provides an inspired dining experience crafted by authenticity and connected to a sense of time and place. Led by James Beard Award-winning Executive Chef Jason Wilson, Cedar + Elm celebrates the bounty of our region with a uniquely Pacific Northwest approach, influenced by the seasons and the historic dining room.

Menus focus on pinnacle ingredients; defined by seasonality, sustainable sourcing, and harvesting. The culinary team engages with local farms and small growers, and sources ingredients from our own Chef's Garden and apiary to offer the very best ingredients. All of this culminates to create familiar and approachable dishes with refined and simple presentations, coupled with bold flavors.

The light-filled dining space is a nod to the restaurant's former life as the Saint Edward Seminary dining hall, with original windows and historic design details. A terrace allows for seasonal outdoor dining to soak in the tranquil natural beauty of the surrounding state park.

Hours

Breakfast: Monday – Friday: 7 am - 11 am | Brunch: Saturday & Sunday: 7 am - 3 pm
Lunch: Monday – Friday: 11 am - 3 pm | Happy Hour: Sunday - Saturday: 3 pm - 5 pm
Dinner: Sunday – Thursday: 5 pm - 9 pm; Friday – Saturday 5 pm - 10 pm



FATHER MULLIGAN'S HERITAGE BAR

Heritage Bar exists in harmony with Cedar + Elm, offering lively libations to accompany your dining experience. Inspired by the rich history of The Lodge, the space is named after the former Saint Edward Seminary's first president Father Mulligan. Today it offers a warm, inviting atmosphere for guests to drop in and enjoy classic cocktails, craft beers, and local wines. Heritage Bar also offers its own menu of classic dishes, showcasing wood-fired flatbreads, charcuterie, house-made burgers, and playful desserts.

Hours Monday – Friday: 3 pm - 11 pm | Saturday & Sunday: 10 am - 11 pm



THE TONSORIUM BAR

Named for its history as the barbershop during The Lodge at St. Edward's former life as a seminary, The Tonsorium Bar is the whimsical counterpart to Heritage Bar. Stop in after-hours for fantastical cocktails, adventurous food, and an intimate speakeasy atmosphere. The Tonsorium will host a rotating lineup of local musicians and an ever-evolving menu to keep your experience never one and the same.

Hours

Open Daily: 2 pm - 11 pm
Happy Hour: Daily, 2 pm - 5 pm
Weekend Brunch: Saturday - Sunday, 11 am - 2 pm

SPA

DIAL 1582 FROM YOUR GUESTROOM TELEPHONE TO INQUIRE ABOUT A SPA APPOINTMENT.

VITA NOVA SPA

Enveloped by the pristine beauty of Lake Washington and the surrounding forest, Vita Nova Spa harnesses the restorative power of nature and complements it with healing techniques and rejuvenating therapies. Experience seasonal treatments that entice the senses and create balance within the body, all administered with organic herbal infusions and pure products. Let us share with you our respect, honor, and gratitude for our land and lifestyle. Our focus is healing and restoration of your body mind and spirit. You will bring your renewed sense of self home with you, and feel its lasting effects until we see you again.



Massage Treatments

VITA NOVA MASSAGE

This relaxing massage is the perfect treatment to unwind and destress. Allow your practitioner to customize your experience specific to your individual needs.

60 minutes / 150 | 90 minutes / 225

MOTHER TO BE MASSAGE

This relaxing massage is designed to nurture and support mother and baby, featuring Mother & Baby Balm for ultimate hydration and comfort.

60 minutes / 155

BOTANICAL INFUSION MASSAGE

This deep, therapeutic massage features botanically infused oils, taking your experience to the next level. Choose from Comfrey, Arnica or Calendula to enhance the overall effects of your massage.

60 minutes / 160 | 90 minutes / 230

SYNERGY STONE MASSAGE

Smooth, heated basalt stones melt away tension and stress, using Earth's healing energy to synergize, soothe and ground. Includes your choice of herbal infused oil.

60 minutes / 165 | 90 minutes / 240



Spa Therapy

DRY BUFF AND AROMATHERAPY MASSAGE

This invigorating treatment begins with a full body dry buffing, followed by a therapeutic aromatherapy massage that supports lymphatic health. This treatment revitalizes the skin while encouraging lymphatic drainage and detoxification.

90 minutes / 200

MOUNTAIN MAJESTY CROWN MASSAGE

Enjoy a full body customized massage with your choice of Herbal Infused Oil. Allow your body and mind unwind, flowing into the Mountain Majesty Crown treatment. The crown and scalp will be anointed nourishing hair oil highlighting the healing benefits of rosemary, lavender and basil and is blended with Rhassoul Clay for its rich mineral content, adding strength, shine and softness to your hair. Top it off with a hot compress cocooning the crown to restore and balance.

90 minutes / 240

EVERGREEN BODY GLOW

This woodland inspired body scrub features pink Himalayan salt, sugar, aromas of Spruce, Fir & Cedar, awakening the senses. Replenishing serum is then applied, melting into a full body mask. Your treatment is finished with a personalized aromatherapy massage.

90 minutes / 230



Healing Arts

ENERGY HEALING

Energy healing is a healing art drawing upon ancient healing art forms. Our practitioners have studied under master practitioners and bring their own unique therapies to customize your individual experience.

60 minutes / 160

CRANIOSACRAL THERAPY

This is a subtle hands-on technique that uses light touch, energy work, and gentle pressure to examine membranes and movement of the fluids in and around the central nervous system. This treatment soothes the nerves, relaxes the mind, and balances energy leaving you feeling rested and centered.

90 minutes / 240



Healing Arts continued

KALEIDOSCOPE HEALING

This session includes a Deep Swedish Massage plus Aura charging energy work. This treats the body and mind to allow for chakra clearing. Energy healing, or energy work, seeks to restore, promote, and maintain health and wellness to all those elements by influencing and supporting the body's bio energies. Channeling the energy flow from Mother Earth utilizing various shamanic tools and modalities to help move the old stagnant energy out.

90 minutes / 265



Treatment Enhancements

Complement any of your restorative treatments with our local herbal botanical blends.

HERBAL INFUSION MASSAGE OIL

Add to any treatment / 10

AROMATHERAPY BLENDS

Add to any treatment / 25

VITA NOVA FOOT RITUAL

Blend of Epsom and sea salt scrub with peppermint lotion and warm towel treatment.

Add to any treatment / 35

MOUNTAIN MAJESTY HAIR OIL

Purifying specialty hair oil blend from Mountain Rose Herbs is massaged into your scalp, followed by a warm towel compress for maximum absorption. We encourage you to leave this oil in the hair and scalp for as long as possible for incredible results!

Add to any treatment / 45



Infrared Sauna

*Available by reservation only, with a massage and body treatment booking. Excludes pregnancy or other contraindications based on health questionnaire. Swimsuits/Swim trunks REQUIRED.

Infrared sauna therapy helps you detox, reduce inflammation and in fact, you can burn up to 600 calories in just one session! Infrared waves penetrate your body deeply and raise your core temperature. However, they are about 50°F cooler than traditional saunas, making it a much more comfortable experience.

Benefits include:

- Enhanced detoxification
- Reduction in body fat
- Better circulation
- Boosted immune system health
- Improved joint stiffness
- Stress reduction

30 minutes / 40 | 60 minutes / 75



Facials

YONKA PHYTO NUTRIENT FACIAL

This is a great facial for people looking for a beauty boost! It uses plant-based nutrients to calm, soothe and refresh the skin. It features a hydrating seaweed exfoliant with a hyaluronic acid mask that is infused with rose and jasmine that will leave skin glowing and deeply hydrated.

60 minutes / 165

YONKA ANTI-AGING FACIAL

This Yonka facial is wonderful for softening fine lines and wrinkles. It is great for someone who is just starting to address the early signs of aging or someone who really wants to treat deep lines and wrinkles. It uses plant-based botanicals to exfoliate the skin and phyto-nutrients to rebuild collagen and elastin leaving your skin looking more youthful and supple.

60 minutes / 180



Facials continued

ENVIRON FACIAL

This dynamic vitamin rich facial works with all skin types and conditions to restore the skin to its natural beauty. This facial is great for people who want to set goals and see immediate changes in skin tone, texture and restore the skins natural balance. Recommend at least once a month or more frequently to address specific skin care concerns as advised by your skin care professional.

60 minutes / 195

THE DELICIAE FACIAL

Allow our knowledgeable skin care consultants to custom tailor this indulgent "best of both worlds" facial using Yonka & Environ products for the ultimate skin care alchemy! This facial includes a focused face massage intended to enhance the effects of your customized facial, relieving stress and tension in the facial contours which can help to soften and tone.

90 minutes / 265



Packages

*Limited availability, please call Spa Reception to reserve your package.

ST. EDWARD RESTORATION

Inspire mindful renewal of the body with our select botanicals and complete custom service.

Includes:

Infrared Sauna 30 - minutes

Herbal Infusion Massage

Vita Nova Foot Ritual

Mountain Majesty Hair Oil Treatment

Yonka Phyto Nutrient Facial 60 - minutes

210 minutes / 465 *sauna dependent on availability

VITA NOVA BRIDE

Includes:

Infrared Sauna 30 -minutes

Evergreen Body Glow

Mountain Majesty Crown Massage

The Deliciae Facial 90 - minutes.

210 minutes / 525 *sauna dependent on availability

Vita Nova Spa Guidelines

- Only guests with pre-scheduled treatments can enter the spa. Guests are welcome to relax in the Spa Meditation Room following spa services.
- Please arrive 10 minutes prior to your scheduled treatment time. Late arrival will shorten your treatment duration and benefits.
- Please wear comfortable clothing. A robe and slippers will be provided upon your arrival at Vita Nova.
- Service provider gratuities are at guest discretion, except for group bookings.
- Due to limited capacity, only guests who have booked a spa treatment may use the sauna.
- Treatments lasting three hours or more are subject to a credit card hold and require 72 hours advance for cancellation or changes.
- Spa appointments cannot be "split" between guests.
- No-shows are billed at 100%.
- Late arrivals will not be extended time.
- Cancellation requires 24 hours advance notice.
- Vita Nova Spa is open to guests 18 years and older.
- We ask that guests please refrain from using cellphones at Vita Nova Spa as a courtesy to others.

THINGS TO DO



SIGNATURE LODGE ACTIVITIES

Stories of St. Edward

The Lodge at St. Edward State Park has a rich history, with decades of stories living within our walls. Dating back to the 1920s, Saint Edward Seminary was built as a sacred place of learning, and later preserved as a pristine Washington State Park. Take the journey from past to present with our self-guided Stories of St. Edward tour. Venture throughout the property to find QR codes each linking to a history lesson, photo gallery, or video that tells the story of the space you stand in, the significance it holds to the property, and the heritage of this iconic landmark preserved in time. Visit the Front Desk to pick up a tour map.

Opt Outside

The Lodge at St. Edward State Park is located in a serene Washington State Park, with tranquil old-growth forests, miles of hiking and biking trails, magnificent Lake Washington coastline, and endless opportunities for outdoor adventure right in our backyard. We have immense respect for the land where The Lodge resides, and invite you to join us in preserving the park for generations to come while enjoying the restorative energy the natural beauty delivers.

HIT THE TRAILS

Set out on a nature hike or rent a mountain bike from the front desk, available for complimentary guest use to explore the park bike trails. Bikes are first come, first served. Visit the front desk to pick up a trail map.

SLOW IT DOWN

Prefer to take in the park views from afar? Lounge out on our lawn in Adirondack chairs, or gather around our fire pits to watch the sun slide into the lake and stars rise into the sky.

PLAY A GAME

Lawn games are available for guest use to get a game of cornhole or croquet going on a sunny summer day.

The Art of Food: A Culinary Journey

CHEF'S HARVEST DINNERS

Part of our sustainable food system means growing our own fresh produce and herbs and even harvesting our own honey in our on-site Chef's Garden and apiary. We'll be inviting guests to join us al-fresco for a one-of-a-kind dining experience at our signature Chef's Harvest Dinners. Sit down to a beautiful table amidst the garden to taste flavors of the season's bounty, and hear the story of your food straight from our acclaimed Chef.

CULINARY ADVENTURES

The cornerstones of our culinary program at The Lodge at St. Edward are sustainability, seasonality, and support of local farmers, fishermen, producers, and purveyors. Our chefs venture out from farm to sea in search of the freshest ingredients to put on your plate, and now we're inviting you to join us. We'll be hosting seasonal small-group Culinary Adventures where we'll journey throughout the Pacific Northwest to harvest from partner farms, head out to sea on fishing expeditions, forage for natural culinary wonders like truffles and mushrooms, and experience life on the ranch.

ST. EDWARD STUDY HALL

The Lodge at St. Edward originally housed a seminary, where students traveled from near and far to dedicate themselves to a life of learning. We're taking the same approach to culinary education, and will be offering a rotating series of classes and educational experiences. We'll take you on a tour of the neighboring Bastyr University Sacred Seeds Ethnobotanical Trail to learn how communities can stay connected to native plants. We'll journey to the many nearby distilleries to learn the art of distilling, and pairing spirits with food. We'll invite you into our own kitchen to learn how Chef brings authentic flavors of the Pacific Northwest to our food.

Art at the Park

Saint Edward State Park has inspired decades of artists, storytellers, writers, and historians, who have been awakened and enlightened by the power and beauty of the awe-inspiring natural setting. The Lodge at St. Edward will continue to be a place that celebrates and nurtures local art and artists. The Gallery of Fine Arts will house rotating artist showcases – all hailing from the Pacific Northwest, with pieces to admire and to purchase. We invite the local community to wander the grand hallway and soak in the inspiration. The Lodge will also be home to an Artist in Residence program highlighting a new artist each quarter, who will take inspiration from the surroundings to create and give demonstrations of their craft through both private and public lessons.

Live Music

Our region is home to an eclectic collection of musicians, poets, spoken word performers, and more. The Lodge intends to be a home away from home for these artists and will feature live music performances weekly in our restaurants, bars, and common areas. We also look forward to partnering with the Bothell Kenmore Chamber of Commerce and other groups to sponsor concerts in the park and community events in our backyard. Visit our Upcoming Events page for a schedule.

THINGS TO DO



IN THE AREA

At The Lodge at St. Edward State Park, an abundance of activities await. Whether you're seeking outdoor adventures, urban exploration, cultural immersion, or anything in between, our tranquil retreat is the perfect Pacific Northwest base. The options are endless, and our team is here to help create your ideal itinerary.

Saint Edward State Park

The stunning natural beauty of Saint Edward State Park and Lake Washington will inspire you to immerse yourself in our spectacular landscapes and ecosystems. Saint Edward State Park is a 316-acre day-use park with 3,000 feet of freshwater shoreline on Lake Washington. There are endless ways to enjoy this serene setting. Hiking and biking trails wind their way through the forest just steps from the property, and a range of water sports are available on the lake, including kayaking, paddle boarding, and fishing, all just a few minutes away.

[Saint Edward State Park Information](#)

[Saint Edward State Park Brochure and Trail Map](#)

[ADA Recreation Map](#)

Kenmore-Bothell

The Kenmore and Bothell area, which includes the neighborhoods directly surrounding The Lodge at St. Edward, is an up-and-coming hot spot in the Puget Sound region with a flourishing brewery scene, endless outdoor activities, and Lake Washington access. Right in our backyard, Bastyr University offers events and programs that align with our philosophies on nature, health, and wellness. Guests can tour the Medicinal Herb Garden or explore the Reflexology Foot Path. The Bothell Kenmore Chamber also produces fantastic community events that are fun for the whole family. Bothell is also home to the north-end hub of the renowned Burke-Gilman Trail, a bikers' dream route 20 miles along the Lake Washington shoreline and through the city to the sea from Shilshole Bay in Ballard to the City of Bothell where it intersects the Sammamish River Trail. For a truly special experience, hop on a Kenmore Air seaplane for a scenic tour over Lake Washington and beyond. Some of our favorite Kenmore-Bothell attractions include:

[Bastyr University](#)

[Burke-Gilman Trail](#)

[Kenmore Air](#)

[Kenmore Waterfront Activities Center](#)

[Log Boom Park](#)

[Cairn Brewing](#)

[192 Brewing Co.](#)

[WhatsUp - Home - SUP Rentals & Lessons - Bothell, WA](#)

Seattle

Seattle is celebrated as one of the country's most innovative, progressive, and culturally rich cities, and you'll get to explore it all from our peaceful hideaway. Downtown Seattle is just a 25-minute drive away, meaning the iconic Space Needle, bustling Pike Place Market, magnificent Museum of Pop Culture, colorful Chihuly Garden and Glass museum, and more are all within easy reach. Don't forget the fantastic shopping, drinking, dining, sports, and live music. Some of our favorite Seattle attractions and landmarks include:

[Space Needle](#)

[Pike Place Market](#)

[Chihuly Garden and Glass](#)

[Seattle Aquarium](#)

[Woodland Park Zoo](#)

[Washington Park Arboretum](#)

[Lumen Field](#)

[Museum of Flight](#)

[Museum of History and Industry \(MOHAI\)](#)

[Washington State Ferries](#)

[Flatstick Pub](#)

[Canvas! Paint & Sip Studio](#)

[Heritage Park](#)

[Juanita Beach Park](#)

THINGS TO DO



In The Area

Woodinville

With over 115 wineries and tasting rooms, over a dozen microbreweries, distilleries, and cideries, and many great restaurants and eateries, Woodinville is the perfect local destination when you stay at The Lodge at St. Edward. Whether you decide to drive, bike, Uber, or travel via a wine-tasting tour to Woodinville, the experience is always wonderful. In the warmer months, many wineries have outdoor spaces where you can enjoy meals or live music. Some of our favorite Woodinville attractions and landmarks include:

Chateau Ste. Michelle
The Herbfarm
JM Cellars
Woodinville Whiskey Co.
Hollywood Tavern
Mark Ryan Winery
DeLille Cellars Tasting Room
Purple Wine Bar
Molbak's Garden + Home

Kirkland

Just six miles down the east side of Lake Washington from The Lodge is a charming waterfront destination. Stroll through downtown Kirkland to enjoy local boutiques, coffee shops, bakeries, wineries, and restaurants. If you're looking for a great place to run, bike, or walk, Kirkland is for you. Hop on the Cross-Kirkland Corridor, a 5.75 mile trail that runs through the heart of the city and connects the North side to the South. Looking for culture? Explore Kirkland's many art galleries curated by local artists, try a Paint & Sip class, or head over to the Kirkland Performance Center to catch live music or a theatre show. Some of our favorite Kirkland attractions and landmarks include:

Hearth Restaurant
Park Lane Gallery
Maison DeLille Wine Lounge
Argosy Cruises - Lake Washington
Flatstick Pub
Canvas! Paint & Sip Studio
Heritage Park
Juanita Beach Park

Bellevue

Bellevue is a modern and growing city that offers fantastic shopping and dining options, as well as cultural attractions. In Downtown Bellevue, The Bellevue Collection offers 200 stores, including national brands and local specialty retailers. When you want a break from shopping, enjoy an incredible range of dining options, catch a movie at the luxurious theatre at Lincoln Square, or have some fun with premium bowling and arcade games at Lucky Strike. For those that desire time outdoors, Bellevue has lovely green space. Beautiful Bellevue Downtown Park, a 21-acre oasis, is just steps away from Bellevue Square. Just to the South, Main Street offers a glimpse of Bellevue's history along with quaint boutiques and restaurants. Some of our favorite Bellevue attractions and landmarks include:

The Bellevue Collection
Shops at The Bravern
Bellevue Art Museum
Swiftwater Cellars
Bellevue Botanical Garden
Mercer Slough Nature Park
Stone Gardens Rock Climbing Gym
Bellevue Zip Tours

COLUMBIA HOSPITALITY



OUR PORTFOLIO

The Lodge at St. Edward State Park is proudly managed by Columbia Hospitality, Inc., a Seattle-based hospitality management company founded over 20 years ago by our CEO John Oppenheimer. Since its inception in 1995 Columbia has grown to be one of the largest hospitality management companies based in the Northwest employing more than 3000 team members at beautiful properties in Washington, Oregon, Idaho, Montana, California, Arizona, and Hawaii.

We love creating exceptional experiences, and hope you'll visit more of our award-winning hotels and resorts, conference centers, golf facilities, and distinctive venues.

View our entire portfolio at columbiahospitality.com.

